

CERTIFICATE OF PARTICIPATION

This is to certify that

Shundo Mthemba

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:01:10

PACE 06:06/km

GENDER 68 of 157

OVERALL 94 of 287

40+ 18 of 35

04 December 2016, Sun

Date



BoutTime

Signature

